



HUDSON VALLEY BONE AND JOINT SURGEONS, LLP
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TOTAL JOINT PRE-ASSESSMENT – PHELPS MEMORIAL HOSPITAL

Welcome to Phelps Memorial Hospital Center. Your pre-surgical testing date has been scheduled through Dr. Hochfelder's office. Its purpose is to review your general status and health, introduce you to Phelps Hospital and its staff, instruct you and prepare you for your planned surgery, and most importantly, to further develop a customized regimen for how the joint replacement team at Phelps can best meet your needs. **You can expect to spend about six to eight hours at the hospital. During this time you will also meet with Tangie Rivera / Teresa Cowell, the orthopedic nurse practitioners. They will perform a comprehensive general medical review and fine-tune your special needs and requirements for treatment at Phelps.**

The overall coordination and scheduling of this busy day will be handled by the pre-surgical assessment nurse who will review instructions with you, coordinate various meetings with crucial members of the health care team and schedule tests, which you will undergo. The pre-assessment nurse will assemble all this data, distribute it to all people involved in your care and be available to make your visit to Phelps a pleasant one.

Additionally, you will meet with the rehab **therapist representing the Department of Physical Medicine, a respiratory therapist, and one of the physicians from the Department of Anesthesiology.**

You will visit various areas in the lab undergoing venous blood tests, EKG, assorted X-rays, urine testing, and perhaps additional special tests ordered because of your medical needs. If you prefer a wheelchair it will be provided for you to travel to the various appointments. A courtesy lunch will be provided by the hospital for you and the person accompanying you, should there be one.

You will have ample time to ask any and all questions, review additional detailed written instructions, which you may place in your folder furnished by Dr. Hochfelder's office and which you can review further after the day is over.

Please complete the enclosed forms in this packet and bring it with you to the hospital on the day of your testing. Eat a normal breakfast and take your normal medications on the morning of your pre-surgical testing. Report to the 701 West Entrance on left side of Hospital at 7:30 a.m.

Go to the Registration Area on G Level of the Hospital. Registration area is on the left.

If you have further questions before the testing date, please contact **Maggie** in Dr. Hochfelder's office at 914-733-7973.

It is the hope of all the members of the joint replacement team that you will gain a sense of confidence from your experiences on your pre-surgical testing day regarding the dedication to our mission of making this experience a pleasant, safe, and individualized to your precise needs as can be accomplished.

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